

Myositis Case Scoring Sheet

Case No:

1

Investigator Name:

test2

Submitted At:

9/5/2025, 12:11:16 PM

Case Presentation: Initial Manual Muscle Testing 8 (MMT 8)

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	9
Proximal Muscles			
Deltoid	8	7	-
Biceps	1	2	-
Quadriceps	10	10	-
Gluteus Medius	9	9	-
Gluteus Maximus	8	9	-
Distal Muscles			
Wrist Extensor	10	10	-
Ankle Dorsiflexion	8	10	-
MMT-8 Scoring			
Individual Score	54	57	9
Total Score		120	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

**Case Presentation: Initial
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)**

CDASI Activity

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	1	1	1
Malar Area	0	0	0
Periorbital	0	0	0
Rest of the Face	0	0	1
V area Neck (Frontal)	2	0	0
Posterior Neck	0	0	0
Upper Back & Shoulders	0	1	1
Rest of Back & Buttocks	1	0	0
Abdomen	0	1	1
Lateral Upper Thigh	2	0	0
Rest of Leg & Feet	1	0	1
Arm	3	1	0
Mechanic's Hand	1	2	1
Dorsum of Hands (Not Over Joints)	1	1	0
Gottron's - Not on Hands	2	0	0

CDASI Damage

CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	1	1
Malar Area	1	0
Periorbital	1	1
Rest of the Face	2	0
V area Neck (Frontal)	1	1
Posterior Neck	1	0
Upper Back & Shoulders	1	1
Rest of Back & Buttocks	1	1
Abdomen	0	0
Lateral Upper Thigh	0	0
Rest of Leg and feet	2	1
Arm	1	1
Mechanic's Hand	0	0
Dorsums of hands (Not Over Joints)	1	0
Gottron's - Not on Hands	0	0

Gottron's, Periungual, Alopecia Assessment

Gottron's – Hands

Examine the patient's hands and double score if papules are present	Ulceration	Examine patient's hands and score if damage is present
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	0	0 - absent 1 - dyspigmentation 2 - scarring
Papule Present		yes

Periungual

Periungual changes (examine)

0 - absent

1

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

0

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

148

Total Damage Score

Add up: Poikiloderma, Calcinosis

20

Case Presentation: Initial Physician Global Disease Activity

Please rate patient's global (overall) disease activity



Selected Value: 6

Case Presentation: Follow up**Answers with possible correct responses based on patient's examination in the case.**

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	9
Proximal Muscles			
Deltoid	10	9	-
Biceps	9	10	-
Quadriceps	8	9	-
Gluteus Medius	8	8	-
Gluteus Maximus	7	7	-
Distal Muscles			
Wrist Extensor	9	9	-
Ankle Dorsiflexion	8	9	-
MMT-8 Scoring			
Individual Score	59	61	9
Total Score		129	
Maximum Individual Possi- ble Score	70	70	10
Maximum Total Possible Score		150	

Case Presentation: Follow up
Cutaneous Dermatomyositis Disease Area and Severity Index (CDASI)

CDASI Activity

Anatomical Location	Erythema	Scale	Erosion/Ulceration
	0 - absent 1 - pink; faint erythema 2 - red 3 - dark red	0 - absent 1 - scale 2 - crust; lichenification	0 - absent 1 - present
Scalp	1	1	1
Malar Area	1	1	1
Periorbital	0	1	1
Rest of the Face	0	1	1
V area Neck (Frontal)	1	1	0
Posterior Neck	1	1	1
Upper Back & Shoulders	0	1	0
Rest of Back & Buttocks	1	1	1
Abdomen	0	1	1
Lateral Upper Thigh	0	1	1
Rest of Leg & Feet	1	0	0
Arm	1	1	1
Mechanic's Hand	0	1	1
Dorsum of Hands (Not Over Joints)	0	1	0
Gottron's - Not on Hands	0	0	0

CDASI Damage

CDASI Damage

Anatomical Location	Poikiloderma	Calcinosis
Scalp	2	1
Malar Area	0	1
Periorbital	0	0
Rest of the Face	0	0
V area Neck (Frontal)	1	1
Posterior Neck	0	1
Upper Back & Shoulders	0	1
Rest of Back & Buttocks	0	1
Abdomen	0	1
Lateral Upper Thigh	0	0
Rest of Leg and feet	1	1
Arm	0	1
Mechanic's Hand	0	1
Dorsums of hands (Not Over Joints)	0	0
Gottron's - Not on Hands	0	0

Gottron's, Periungual, Alopecia Assessment

Gottron's – Hands

Examine the patient's hands and double score if papules are present	Ulceration	Examine patient's hands and score if damage is present
0 - absent 1 - pink; faint erythema 2 - red erythema 3 - dark red	3	1- Present
Papule Present		yes
0 - absent 1 - dyspigmentation 2 - scarring		1

Periungual

Periungual changes (examine)

0 - absent

0

1 - pink/red erythema / microscopic telangiectasias

2 - visible telangiectasias

Alopecia

Recent Hair loss (within last 30 days as reported by the patient)

0 - absent

0

1 - present

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

167

Total Damage Score

Add up: Poikiloderma, Calcinosis

14

Case Presentation: Follow up Physician Global Disease Activity

Please rate patient's global (overall) disease activity



Selected Value: 6