

Myositis Case Scoring Sheet

Case No:
5

Investigator Name:
Piyush Test

Submitted At:
11/1/2025, 3:11:34 PM

Case Presentation: Initial
Manual Muscle Testing 8 (MMT 8)

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	9
Proximal Muscles			
Deltoid	7	6	-
Biceps	8	7	-
Quadriceps	7	6	-
Gluteus Medius	9	9	-
Gluteus Maximus	9	9	-
Distal Muscles			
Wrist Extensor	8	8	-
Ankle Dorsiflexion	7	8	-
MMT-8 Scoring			
Individual Score	55	53	9
Total Score		117	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

Case Presentation: Initial
Myositis Disease Activity Assessment Tool (MDAAT)

S/N	Disease Activity	Overall Organ Disease Activity (0–10 cm) VAS	Clinical Features (0,1,2,3,4, NA)
	Constitutional Disease Activity	8	
1	Pyrexia		1
2	Weight Loss		4
3	Fatigue		3
	Cutaneous Disease Activity	7	
4	Cutaneous Ulceration		4
5	Erythroderma		1
6	Panniculitis		1

7	Erythematous Rash		
	•A. with secondary changes		3
	•B. without secondary changes		4
8	Heliotrope rash		1
9	Gotttron's papules/sign		4
10	Periungual capillary changes		4
11	Alopecia		
	•A. Diffuse hair loss		2
	•B. Focal, Patchy with Erythema		1
12	Mechanics Hand		2
	Skeletal Disease Activity	6	
13	Arthritis		
	•A. Severe active polyarthritis		2
	•B. Moderately active arthritis		1
	•C. Mild arthritis		2
14	Arthralgia		4
	GI Disease Activity	1	
15	Dysphagia		
	•A. Moderate/severe dysphagia		1
	•B. Mild dysphagia		1
16	Abdominal Pain		
	•A. Severe		2
	•B. Moderate		NA
	•C. Mild		3
	Pulmonary Disease Activity	1	
17	Resp. Muscle weakness without ILD		
	•A. Dyspnea at rest		4
	•B. Dyspnea on exertion		NA
18	Active Reversible ILD		
	•A. Dyspnea or cough due to ILD		1
	•B. Parenchymal abnormalities		2
	•C. Pulmonary Function Tests		3
19	Dysphonia		
	•A. Moderate to severe		2
	•B. Mild		1

	Cardiovascular Disease Activity	3	
20	Pericarditis		3
21	Myocarditis		1
22	Arrhythmias		
	•A. Severe arrhythmia		2
	•B. Other arrhythmia (except sinus tachycardia)		2
23	Sinus Tachycardia		NA
	Other Disease Activity	6	2
	Extra Muscular Global Assessment	6	
	Muscle Disease Activity	1	
24	Myositis		
	•A. Severe muscle inflammation		4
	•B. Moderate muscle inflammation		3
	•C. Mild muscle inflammation		0
25	Myalgia		4
	Global Disease Activity	6	

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

117

Total Damage Score

Add up: Poikiloderma, Calcinosis

0

Case Presentation: Follow up
Answers with possible correct responses based on patient's examination in the case.

Muscle Group	Right (0–10)	Left (0–10)	Axial (0–10)
Axial Muscle			
Neck Flexor	-	-	6
Proximal Muscles			
Deltoid	9	NA	-
Biceps	8	9	-
Quadriceps	10	7	-
Gluteus Medius	8	9	-
Gluteus Maximus	9	9	-
Distal Muscles			
Wrist Extensor	6	7	-
Ankle Dorsiflexion	9	10	-
MMT-8 Scoring			
Individual Score	59	51	6
Total Score		116	
Maximum Individual Possible Score	70	70	10
Maximum Total Possible Score		150	

Case Presentation: Follow up
Myositis Disease Activity Assessment Tool (MDAAT)

S/N	Disease Activity	Overall Organ Disease Activity (0–10 cm) VAS	Clinical Features (0,1,2,3,4, NA)
	Constitutional Disease Activity	5	
1	Pyrexia		4
2	Weight Loss		3
3	Fatigue		3
	Cutaneous Disease Activity	1	
4	Cutaneous Ulceration		3
5	Erythroderma		0
6	Panniculitis		1
7	Erythematous Rash		
	•A. with secondary changes		NA
	•B. without secondary changes		NA

8	Heliotrope rash		NA
9	Gotttron's papules/sign		NA
10	Periungual capillary changes		NA
11	Alopecia		
	•A. Diffuse hair loss		NA
	•B. Focal, Patchy with Erythema		NA
12	Mechanics Hand		NA
	Skeletal Disease Activity	4	
13	Arthritis		
	•A. Severe active polyarthritis		NA
	•B. Moderately active arthritis		NA
	•C. Mild arthritis		0
14	Arthralgia		NA
	GI Disease Activity	4	
15	Dysphagia		
	•A. Moderate/severe dysphagia		1
	•B. Mild dysphagia		NA
16	Abdominal Pain		
	•A. Severe		3
	•B. Moderate		1
	•C. Mild		NA
	Pulmonary Disease Activity	3	
17	Resp. Muscle weakness without ILD		
	•A. Dyspnea at rest		NA
	•B. Dyspnea on exertion		NA
18	Active Reversible ILD		
	•A. Dyspnea or cough due to ILD		3
	•B. Parenchymal abnormalities		2
	•C. Pulmonary Function Tests		1
19	Dysphonia		
	•A. Moderate to severe		3
	•B. Mild		NA
	Cardiovascular Disease Activity	5	
20	Pericarditis		NA
21	Myocarditis		NA
22	Arrhythmias		

	•A. Severe arrhythmia		NA
	•B. Other arrhythmia (except sinus tachycardia)		NA
23	Sinus Tachycardia		NA
	Other Disease Activity	5	4
	Extra Muscular Global Assessment	5	
	Muscle Disease Activity	5	
24	Myositis		
	•A. Severe muscle inflammation		3
	•B. Moderate muscle inflammation		NA
	•C. Mild muscle inflammation		NA
25	Myalgia		2
	Global Disease Activity	6	

Overall Score Summary

Total Activity Score

Add up: Erythema, Scale, Excoriation, Ulceration, Gottron's, Periungual, Alopecia

116

Total Damage Score

Add up: Poikiloderma, Calcinosis

0